



B E C L E A R

LEADERSHIP · COACHING · RESILIENCE

Get clear on what matters

PROFILE TANYA STEVENS

AREAS OF EXPERTISE

- Business and Executive Coaching
- Leadership and Organisational Development
- Resilience Development (Coaching and Training)
- Group Facilitation

PROFILE

Tanya Stevens is an internationally qualified Integral coach and founder of BECLEAR, a provider of people development services that focuses on Leadership Development, Coaching and Resilience.

Tanya specialises in the design and implementation of bespoke people development programs for individuals, groups and corporate organisations through coaching, facilitation and training processes. She is also a public speaker and is often invited to address academic and corporate audiences on resilience and leadership.

Tanya has a specific interest and passion for Integral Theory and Integrated Resilience and has done extensive research on the subject of individual, team and executive resilience. Other areas of expertise include Gestalt Coaching, Depth Facilitation, Enneagram Assessments and Group Dynamics.

Tanya works as both a coach and facilitator at the Gordon Institute of Business Science (GIBS). She has also contributed to the publication Rethink: Growth and Learning through Coaching and Organisational Development as author of a chapter entitled Transcending separation: An exploration of integral theory. Finally, she serves as a faculty member and mentor at UCT's Centre for Coaching for both the ACC and PCC programmes.

BACKGROUND

As the owner of the first real estate company in SA to operate as a network of independent affiliated professionals, Tanya draws on her extensive business experience to understand and address the very real challenges leaders and managers face in today's ever-changing workplace.

She passionately supports her clients in their quest to grasp organisational dynamics, embrace change and complexities and to think systemically when dealing with leadership and management issues.

COACHING WORK

Organisations are placing increasing demands on employees. Those in leadership positions are expected to impart vision, initiate change and make difficult decisions over and above their operational duties. To meet these demands as well the demands in their personal lives, good leaders have to be self-aware, flexible, adaptable and resilient.

Tanya partners with her private and corporate clients as an agent for learning and growth during their journey of exploration, aimed at gaining a greater understanding and awareness of themselves, others and the systems within which they operate.

Tanya's coaching approach is one of sound academic knowledge and qualifications coupled with practical hands-on experience. She does not provide all the answers, but instead helps you to unlock your own powerful solutions through self-awareness, dialogue and critical thinking. Her aim is to see people flourish, re-engage with their authentic selves, harness their strengths and live balanced lives filled with meaning and purpose.

She has been a coach since 2006, working within various industries and professions. Her clients include Nedbank, Standard Bank, The University of Pretoria, Abbott Laboratories, Research Africa and Abbelard Leadership Development.

QUALIFICATIONS

Academic qualifications

- MM BEC Masters Degree in Management: Business and Executive Coaching (Cum Laude), University of the Witwatersrand Business School
- B Soc Sci (Honours) Bachelor of Social Science Honours Degree in Psychology (Cum Laude), University of Pretoria
- BA Bachelor of Arts Degree (Psychology), University of Pretoria

Professional qualifications

- BECC Postgraduate Business and Executive Coaching Certificate (University of the Witwatersrand's Business School)
- PCC Professional Coaching Certificate (UCT Graduate School of Business's Centre for Coaching) ACC Associate Coaching Certificate (UCT Graduate School of Business's Centre for Coaching)
- CTE Coaching to Excellence Certificate (UCT Graduate School of Business's Centre for Coaching)

Additional Qualifications

- The Enneagram, accredited practitioner, Adfen e-scale,
- PPA Personal Profile Analysis System (DISC), Accredited Practitioner, Thomas International,
- Leadership Embodiment (Somatic Intelligence) practitioner. Wendy Palmer (Level 1,2 & Advanced)
- Gestalt Coaching & Gestalt Organisation & Systems Development, Boabab Training, Chantelle Wyley,
- Sensory Intelligence accredited practitioner
- Depth Facilitation (Transforming Group Dynamics), Feather Associates

Professional Affiliations

- ICF International Coaching Federation (ACC)
- COMENSA Coaches and Mentors Association of South Africa
- BWSA Business Women's Association of South Africa
- NVW New Ventures West (International Coaching Organisation)

Tanya divides her time between Johannesburg, where she does most of her corporate work and Cape Town, where her family is based. She is passionate about animal rights and enjoys local and international travel. Her hobbies include reading, movies, travel and horseriding.

PLEASE CONTACT:

Tanya Stevens | Cell: 082-773-4377 | E-mail: tanya.stevens@telkomsa.net
